



Office of the Principal
Heritage Institute Of Medical Sciences, Varanasi

Ref.No. HIMS/PO/ 1099/2026

Date-26/03/2026

Crisis Intervention and Response Protocol

The comprehensive crisis intervention protocol for students with psychiatric illnesses in Heritage Institute of Medical Sciences, Varanasi is managed by an Immediate Response Team. The team adopts the SOP in practice and also follows up the cases for their final integration into normal life.

Immediate Response Team: A Mental Health & Well-being Monitoring Committee (MHWMC), as given below, has been constituted which springs into action for crisis intervention.

Office bearers	Role in MHWMC	Name	Designation & Dept	Contact Number
Vice Principal	Chairman	Dr Sandeep Kr Gupta	Vice Principal	8940016928
Chairman of Student Welfare Committee	Member 1	Dr Mohd Mojeeb Ahsan	HoD (General Surgery)	9897884620
Nodal Officer (Faculty)	Member 2	Dr Shikha Singh	HoD (Psychiatry)	8512014264
Hostel warden	Member 3	Dr Sweta Kumari	Asst Prof (Pharmacology)	9644602729
Non-teaching staff rep.	Member 4	Mrs Aruna Chauhan	Student Section In-charge	9450530506
Student rep	Member 5	Ativ Bhagat	President, Student Council	9580455927
Alumni rep	Member 6	Dr Debasish Paul	Tutor (Microbiology)	9775902203

Action: MHWMC implements the steps for managing emergencies, including emergency contact notification and secure transport to hospitals.

Follow-up and Reintegration: The committee provides structured, mandatory follow-up for students returning after a mental health crisis, including tailored academic plans.

Col (Dr) BK Prasad (Retd.)
Principal cum CMS
HIMS, Varanasi

Copy to: Hon'ble Chairman –for info
Vice Principal
Medical Superintendent
Director (Operations)
All HODs
Office copy –for copy

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