



**Office of the Principal**  
**Heritage Institute Of Medical Sciences, Varanasi**

Ref.No. HIMS/PO/1097 /2026

Date-26/03/2026

**NOTIFICATION**

**Nasha Mukht Hotel Committee**

In compliance to NMC letter No. 47/10/2024-PGMEB-NMC-Part (1) dated 14<sup>th</sup> August 2024 and Secretaries in the Department of Social Justice & Empowerment and the Department of Higher education, Government of India in a joint DO letter No. DP/7/2023-DP-I dated 06 August 2024 regarding "Implementation of Nasha Mukht Bharat Abhiyan", the Nasha Mukht Hostel Committee of HIMS Varanasi is framed as under.

Name of Faculty	Designation & Department	Role in the committee	Contact No.
Dr Gunjan Rana	AP, Ophthalmology	Nodal officer	9560630207
Dr Anand Maurya	AP, Pharmacology	Member secretary	9455438393
Dr Sharad Kr Singh	AP, Biochemistry	Member	7355614965
Dr Shikha Singh	AP, Psychiatry	Member	8512014264
Aashma Kumari	CR of MBBS Batch 2021	Member	9113394114
Khushi Pandey	CR of MBBS Batch 2022	Member	6375144416
Mohd Owais	CR of MBBS Batch 2023	Member	6398954195
Pranjal More	CR of MBBS Batch 2024	Member	7387290712
Prashasti Mishra	CR of MBBS Batch 2025	Member	9120213177

The above mentioned committee will monitor the actions taken to avoid the substance abuse under Nasha Mukht Bharat Abhiyan and will submit the action taken report quarterly to the undersigned as per Annexure – IV of Nasha Mukht Bharat Abhiyan guidelines.

Col (Dr) BK Prasad (Retd.)  
Principal cum CMS  
HIMS, Varanasi

Copy to: Hon'ble Chairman –for info  
Vice Principal  
Medical Superintendent  
Director (Operations)  
All HODs  
Office copy –for copy

**Col (Dr) BK Prasad (Retd)**  
**Principal Cum CMS**  
Heritage Institute of Medical Sciences  
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