

MENTAL HEALTH CONCERNS OF STUDENTS & PREVENTION OF SUICIDES IN HEI

HERITAGE INSTITUTE OF MEDICAL SCIENCES, VARANASI

In pursuant to NMC Public Notice No. CDN-11011/1/2026-COORDINATION-NMC Govt of India NMC Policy & Coordination Division dated: 09-03-2026 in the matter of Sub: Compliance with the Hon'ble Supreme Court of India Order dated 15.01.2026 in Criminal Appeal No. 1425/2025 in the matter of Amit Kumar & Ors. vs. Union of India & Ors. – reg

Action Taken Report of Heritage Institute of Medical Sciences, Varanasi

A. Medical Institution information

- a. Name of college: Heritage Institute of Medical Sciences, Varanasi
- b. State: UP
- c. Type of institution: Private
- d. Total student strength (UG/PG/Super-specialty): 1200
- e. Residential/non-residential (hostel capacity): Residential, 1000
- f. Nodal officer for compliance: Prof Sandeep Kr Gupta, Vice Principal, 8940016928

B. Data Collection – student suicides/unnatural death

- a. Number of incidents of suicide/unnatural death during the reporting month: **NIL**
- b. Details (in tabular form): Not applicable (**NA**)

Name (if permissible as per law)	
Age	
Course/Year	
Date of incident	
Place of occurrence (campus/hostel/private accommodation/other)	
Whether reported to police (FIR No. & Date)	
Status of inquiry (Institutional/Police)	

- c. Whether incident was reported immediately to local police authorities? **NA**
- d. Whether family was informed promptly? **NA**
- e. Preventive steps taken post-incident: **NA**
- f. Whether annual consolidated report has been submitted to NMC? **NA**

C. Medical & Emergency health support

- a. Availability of 24x7 medical facility: **Yes**
- b. Location (on campus/within 1 km): **On campus**
- c. Details of medical staff (Number & qualification): **Dr Shyamal Maity (MD), Dr Rahul Singh (MD), Dr Prashant (MD) and Dr Tushar Singh (MD)**
- d. Ambulance facility : **Yes**

e. Emergency response SOP in place – **Copy attached** ✓

D. Faculty & administrative positions

- a. Total sanctioned teaching posts: **142**
- b. Filled posts: **193**
- c. Vacant posts: **Nil**
- d. Reserved category vacancies (SC/ST/OBC/EWS/PwDs): **Nil**
- e. Steps taken to fill vacancies (timeline enclosed): Ongoing process through HR
- f. Status of key positions (VC/Director/Dean/Registrar): **No vacancy**
 - i. Date of vacancy: **NA**
 - ii. Date recruitment initiated: **NA**
 - iii. Expected date of filling: **NA**
- g. Annual vacancy report submitted to Govt.? **Yes**

E. Scholarships & students welfare

- a. Total number of scholarship beneficiaries: **7**
- b. Pending scholarship cases (if any): **Nil**
- c. Steps taken to clear backlog: **NA**
- d. Whether any student has been: **NA**
 - i. Barred from classes?
 - ii. Prevented from examinations?
 - iii. Removed from hostel?
 - iv. Denied mark sheets/degree?
 - v. Compelled to pay fees due to delay?

F. Statutory bodies & grievance redressal mechanism

- a. Anti-Ragging Committee: **Attached** ✓
- b. Anti-Ragging Squad: **Attached** ✓
- c. Anti-Discrimination Officer: **Dr Asim Singh, Prof & HOD Microbiology**
- d. Internal Complaints Committee (ICC) : **Attached** ✓
- e. Student Grievance Redressal Committee: **Attached** ✓
- f. Hostel Committee: **Attached** ✓
- g. Nasha Mukth Committee: **Attached** ✓

Attach:

- i. Notifications/Office Orders
- ii. Minutes of last 3 meetings
- iii. Number of complaints received & disposed

G. Ragging – comprehensive compliance details

1. Preventive measures

- a. Anti-ragging affidavits obtained from students & parents: **Yes**
- b. Awareness programs conducted: **Anti-Ragging Workshop on 05/08/2025** on the following themes:
 - i. Understand Ragging
 - ii. Institutional Anti Ragging Policy
 - iii. Role of students in preventing ragging
 - iv. Reporting Mechanism of Ragging
 - v. Consequences of Ragging
 - vi. Impact of Ragging on mental health
 - vii. Video & Poster Display
 - viii. Role-Play & Skit
- c. Display of anti-ragging posters/helpline numbers: **Yes**
- d. Website compliance (anti-ragging portal link active): **Yes**
- e. Submission of compliance to Anti-Ragging Portal: **Yes**

2. Incidents of Ragging (During Reporting Period): No Incidents of Ragging

- a. Date of complaint
- b. Mode of complaint (written/email/helpline/anonymous)
- c. Nature of ragging
- d. Location (hostel/classroom/campus/online/off-campus)
- e. Action taken (suspension/FIR/expulsion/other)
- f. Status (Pending/Disposed)

3. Aspects Covered Under "Ragging" (Confirm Compliance): NA

- a. Physical ragging
- b. Verbal & psychological ragging
- c. Sexual ragging
- d. Social & discriminatory ragging
- e. Economic ragging
- f. Academic ragging
- g. Online/cyber ragging
- h. Hostel-based ragging
- i. Extortion of money

4. Disciplinary Actions Prescribed & Imposed : NA

- a. Suspension from classes
- b. Withholding scholarships
- c. Debarring from exams
- d. Suspension/expulsion from hostel
- e. Rustication
- f. Expulsion
- g. FIR with police

H. Inclusion & accessibility

- a. Accessibility Audit conducted (Date & Agency): Not Done
- b. Infrastructure modifications made: **Already existing**
- c. Facilities for PwDs (ramps, lifts, assistive devices): **Yes**
- d. Facilities for transgender students (hostel/sanitation/privacy): **Yes**
- e. Examination accommodations provided: **Yes**

I. Faculty sensitization & capacity building

- a. Training conducted (Dates & Topics): **18/06/2025**
- b. Number of faculty trained: **42**
- c. Modules include:
 - i. Mental health awareness: **Yes**
 - ii. Anti-discrimination laws: **Yes**
 - iii. Anti-ragging norms: **Yes**
 - iv. Early intervention protocols: **Yes**

J. Campus mental health services

- a. Number of qualified mental health professionals appointed: **05**
- b. Student-to-counselor ratio: **10 to 1**
- c. Confidentiality SOP in place (Attach copy): **Attached** ✓
- d. Anonymous feedback mechanism (Details): **By students**
- e. Crisis intervention protocol (Details): **Attached** ✓


06/07/2026